

**THERAPEUTIC RECREATION ACTIVITY CALENDAR**

**MATULAITIS REHAB & SKILLED CARE**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This calendar is subject to change and is not limited to what is posted		<b>February</b>	<b>2018</b>			10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept.- Ext. 322
				<b>1</b> 9:30 Brain Exercises & Weight Lifting 10:30 Holy Mass 2:00 Piano Music w/ David	<b>2 Ground Hog Day</b> 9:30 Beach Ball Ex 10:30 Holy Mass 2:00 Pokeno 3:00 Tranquil Rm <b>4:00 Benediction</b>	<b>3</b> 10:30 Holy Mass 1:30 Bingo
<b>4</b> 10:30 Holy Mass 1:30 Cookie Social 6:30 Super Bowl Game New England Patriots vs. Philadelphia Eagles	<b>5</b> 9:30 Beach Ball Exercises 10:30 Holy Mass <b>2:00 Banjo Concert</b> w/ Rene, Donna & Gary 3:00 Tranquil Rm	<b>6</b> 9:30 Word Games & Exercise Class 10:30 Holy Mass 1:30 Gospel Music 2:30 Sing Along w/ Aldona & Joan 3:30 Rosary	<b>7</b> 9:30 Brain Ex & Weights 10:30 Holy Mass 1:30 Spirituality Group w/ Olivia <b>2:30 Manicures</b> 3:00 Tranquil Rm <b>6:30 Bingo</b>	<b>8 Olympics Begin</b> 9:30 Brain Exercises & Weight Lifting 10:30 Holy Mass 2:00 Piano Music w/ David <b>3:00 Bible Study</b> w/ Christina	<b>9 Opening Ceremony</b> 9:30 Beach Ball Exercises 10:30 Holy Mass <b>2:00 Chair Yoga</b> w/ Joanne 3:00 Tranquil Rm	<b>10</b> 10:30 Holy Mass 1:30 Bingo
<b>11</b> 10:30 Holy Mass 2:00 Pokeno	<b>12</b> 9:30 Beach Ball Ex 10:30 Holy Mass <b>2:00 World Day of Healing for the Sick &amp; Caregivers</b> 3:00 Tranquil Rm w/Wes	<b>13</b> 9:30 Word Games & Exercise Class 10:30 Holy Mass 1:30 Gospel Music <b>2:30 Shrove Tuesday Donut Party</b> 3:30 Rosary	<b>14</b> 9:30 Brain Ex & Weights 10:30 Holy Mass <b>Distribution of Ashes</b> 1:30 Spirituality Group w/Olivia <b>2:00 Valentine Movie</b> 3:00 Tranquil Rm <b>6:30 Bingo</b>	<b>15 Lent Begins</b> 9:30 Brain Exercises & Weight Lifting 10:30 Holy Mass 2:00 Piano Music w/ David <b>3:00 Christian Service</b> w/ Pastor Gil	<b>16</b> 9:30 Beach Ball Ex 10:30 Holy Mass <b>2:00 100 Year Anniversary of Lithuania's Indep.</b> 3:00 Tranquil Rm <b>4:00 Stations of the Cross</b>	<b>17</b> 10:30 Holy Mass 1:30 Bingo
<b>18</b> 10:30 Holy Mass <b>1:45 Daytona 500</b>	<b>19 President's Day</b> 9:30 Beach Ball Exercises 10:30 Holy Mass <b>2:00 Pokeno</b> 3:00 Tranquil Rm	<b>20</b> 9:30 Word Games & Exercise Class 10:30 Holy Mass 1:30 Gospel Music 2:30 Sing Along w/ Aldona & Joan 3:30 Rosary	<b>21</b> 9:30 Brain Ex & Weights 10:30 Holy Mass 1:30 Spiritual Group w/ Olivia 2:00 Movie & Snacks 3:00 Tranquil Rm <b>6:30 Bingo</b>	<b>22</b> 9:30 Brain Exercises & Weight Lifting 10:30 Holy Mass 2:00 Piano Music w/ David	<b>23</b> 9:30 Beach Ball Ex 10:30 Holy Mass <b>1:30 Pet Visits</b> w/ Joan & Heidi 2:00 Pokeno 3:00 Tranquil Rm <b>4:00 Stations of the Cross</b>	<b>24</b> 10:30 Holy Mass 1:30 Bingo
<b>25 Closing Ceremony</b> 10:30 Holy Mass 1:30 Movie & Snacks	<b>26</b> 9:30 Beach Ball Ex 10:30 Holy Mass <b>2:00 Birthday Party</b> Music w/ Terry Traveling Cake Cart 3:00 Tranquil Rm	<b>27</b> 9:30 Word Games & Exercise Class 10:30 Holy Mass 1:30 Gospel Music 2:30 Sing Along w/ Aldona & Joan 3:30 Rosary	<b>28</b> 9:30 Brain Ex & Weights 10:30 Holy Mass 1:30 Spirituality Group w/ Olivia <b>2:15 Resident Council</b> 3:00 Tranquil Rm <b>6:30 Bingo</b>	<b>Matulaitis Rehab &amp; Skilled Care</b> 10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept.-Ext 322	<b>February 2018</b> Therapeutic Recreation Activity Calendar	

\*) Read for updates: Family and Visitors Always Welcome to Join

Visit us on the Web - [www.matulaitisnh.org](http://www.matulaitisnh.org)

**Other Small Group/Sensory/1:1 Visits:**

- Tours/Social Visits
- Therapeutic Touch
- Sensory Visits/Activities & Tranquil Room
- Men's Visits
- Pet Visits Welcome - leash recommended, tags must be worn
- Pet Visits w/ Calvin at therapy, and Patty w/ Pheobe Tuesdays
- Lunch Club/Baking
- Movie Carts
- Arts & Crafts
- Plant Care
- Mail Delivery
- Assistance with Letter Writing
- **Music & Memory w/ iPods\***
- Bulletin Board Decorating
- \* Manicures
- \* Reading w/ Robbie Thursdays
- \* Marianapolis Volunteers Saturdays

**Independent Activities:**

- Newspaper Delivery-let the Activity Dept. know about subscription changes
- \* Two complimentary Norwich Bulletin - B Wing
- Table Games
- Movies on Large Screen TV
  - A Lounge - Netflix
  - At each wing Nurse's Desk
- Wii Sport Games
- Magazines
- Greeting Cards
- Electronic Books
- Book Shelves
- Large Print Books
- Jig-Saw Puzzles
- Word Puzzles
- \* Apple Computer-A Lounge
- WiFi Internet Code:
- 4Publicuse**
- \* FaceTime Available

**Available:**

- Activity Calendars / Monthly Calendars
- Activity Carts / Volunteers / Northeast Transit
- Resident Council - for residents / Family Council-for families / Family Newsletter
- Comfort Baskets for Palliative Care
- **Hairdresser - Mon. & Fri.** - To schedule apt., see the Charge Nurse
- Mailbox/basket in Activity Room
- Phone Books / Comm. Rec. & Leisure Resource Handout
- Wheelchair / Walker bags
- Hot Refreshments & Suggestion Box in the D-Lounge
- New TV Guide Stations Listing** copies at the Activity Dept. office
- **Music Choice** stations: 934, 935, 942, 943, 950
- \* Pastoral Care Service Visits upon request
- Daily Mass in English - Bi-Lingual on Tuesdays and Fridays in our Chapel
- Misselettes Books Available - Rosary Tuesdays 3:30pm in D-Lounge
- Confessions after daily mass & upon request
- Holy Communion at Bedside Few Days a Week
- \* Mass on Channel 27-EWTN @ 8am, 12noon & 7pm; Channel 11 at 10am
- \* Rosary on Channel 27 at 11:30am and 9:30pm; Chaplet of Divine Mercy at 3pm

\*\*\* As of January 1st-There will be a fee for Family meals-See the front desk \*\*\*

\*Preferred Visiting Hours: 11am - 7pm  
\*Reserve a Lounge for Family Gathering-See Act. De.  
\*Adaptive Clothing Catalogs - See Act. Dept.

\* Birdfeeders are Family's Responsibility  
\* Bird Seed must be kept in a Tupperware container  
\* NO Suet feeders - Thank You

\*\*See Important Information Bulletin Board on the beginning of B-Wing\*\*

Come See the **Local School's Artwork** posted at the Activity Room

\*We are a Smoke-Free Facility

! Any questions see your Unit Manager !

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