

# October 2017 THERAPEUTIC RECREATION ACTIVITY CALENDAR MATULAITIS REHAB & SKILLED CARE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This calendar is subject to change and is not limited to what is posted</p>		<p>Application for <b>Absentee Ballots</b> available See the <a href="#">Activity Dept.</a></p>				<p>10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept. ~ Ext. 322</p>
<p><b>1</b></p> <p>10:30 Holy Mass 1:00 Patriots Football Game</p>	<p><b>2</b></p> <p>9:30 Beach Ball Exercises 10:30 Holy Mass 2:00 Manicures 3:00Tranquil Rm</p>	<p><b>3</b></p> <p>9:30 Word Games &amp; Exercise Class 10:30 Holy Mass 1:30 Gospel Music 2:30 Sing Along w/ Aldona &amp; Joan 3:30 Rosary</p>	<p><b>4</b></p> <p>9:30Brain Exercises &amp; Weight Lifting 10:30 Holy Mass 2:00 Movie &amp; Snacks 3:00Tranquil Rm <b>6:30 Bingo</b></p>	<p><b>5</b></p> <p>9:30 Brain Exercises &amp; Weight Lifting 10:30 Holy Mass 2:00 Piano Music w/ David</p>	<p><b>6</b></p> <p>9:30 Beach Ball Ex 10:30 Holy Mass 2:00 Pokeno 3:00Tranquil Rm <b>4:00 Benediction</b></p>	<p><b>7</b></p> <p>10:30 Holy Mass 1:30 Bingo</p>
<p><b>8</b></p> <p>10:30 Holy Mass 1:30 Active Games</p>	<p><b>9 Columbus Day</b></p> <p>9:30 Beach Ball Exercises 10:30 Holy Mass <b>2:00 Banjo Concert</b> w/ Rene, Donna &amp; Gary 3:00Tranquil Rm</p>	<p><b>10</b></p> <p>9:30 Word Games &amp; Exercise Class 10:30 Holy Mass 1:30 Gospel Music 2:30 Sing Along w/ Aldona &amp; Joan 3:30 Rosary</p>	<p><b>11</b></p> <p>9:30 Brain Exercises &amp; Weight Lifting 10:30 Holy Mass 2:00 Movie &amp; Snacks 3:00Tranquil Rm <b>6:30 Bingo</b></p>	<p><b>12</b></p> <p>9:30 Brain Exercises &amp; Weight Lifting 10:30 Holy Mass 2:00 Piano Music w/ David <b>3:00 Bible Study</b> w/ Christina</p>	<p><b>13</b></p> <p>9:30 Beach Ball Exercises 10:30 Holy Mass 2:00 Pokeno 3:00 Tranquil Rm <b>4:00 Rosary&amp;Benediction</b></p>	<p><b>14</b></p> <p>10:30 Holy Mass 1:30 Bingo</p>
<p><b>15</b></p> <p><b>10:30 Solem Mass</b> for the Sisters of the Immaculate Conception Founding Date 1:30 Art &amp; Crafts</p>	<p><b>16</b></p> <p>9:30 Beach Ball Exercises 10:30 Holy Mass 2:00 Faces &amp; Places Trivia 3:00Tranquil Rm w/Wes</p>	<p><b>17</b></p> <p>9:30Word Games &amp; Ex 10:30 Holy Mass 1:30 Gospel Music <b>2:30 Anniversary of Our Sister's Order</b> 3:30 Rosary <b>6:30 Bingo</b></p>	<p><b>18</b></p> <p>9:30 Brain Exercises &amp; Weight Lifting 10:30 Holy Mass 2:00 Movie &amp; Snacks 3:00Tranquil Rm</p>	<p><b>19</b></p> <p>9:30 Brain Exercises &amp; Weight Lifting 10:30 Holy Mass 2:00 Piano Music w/ David <b>3:00 Christian Service</b> w/ Pastor Gil</p>	<p><b>20</b></p> <p>9:30 Beach Ball Ex 10:30 Holy Mass <b>2:00 Chair Yoga</b> w/ Joanne 3:00Tranquil Rm <b>4:00 Rosary&amp;Benediction</b></p>	<p><b>21</b></p> <p>10:30 Holy Mass 1:30 Bingo</p>
<p><b>22</b></p> <p>10:30 Holy Mass 1:30 Pokeno</p>	<p><b>23</b></p> <p>9:30 Beach Ball Ex 10:30 Holy Mass <b>2:00 Resident Council</b> 3:00Tranquil Rm</p>	<p><b>24 World Series Starts</b></p> <p>9:30 Word Games &amp; Exercise Class 10:30 Holy Mass 1:30 Gospel Music 2:30 Sing Along w/ Aldona &amp; Joan 3:30 Rosary</p>	<p><b>25</b></p> <p>9:30 Brain Ex &amp; Weights 10:30 Holy Mass <b>2:00 Pumpkin Pie Social</b> 3:00Tranquil Rm <b>6:30 Bingo</b></p>	<p><b>26</b></p> <p>9:30 Brain Ex &amp; Weights 10:30 Holy Mass 2:00 Piano Music w/ David</p>	<p><b>27</b></p> <p>9:30 Beach Ball Ex 10:30 Holy Mass <b>1:30 PetVisits</b> w/ Joan&amp;Heidi 2:00 Pokeno 3:00 Tranquil Rm <b>4:00 Rosary&amp;Benediction</b></p>	<p><b>28</b></p> <p>10:30 Holy Mass 1:30 Bingo</p>
<p><b>29</b></p> <p>10:30 Holy Mass 1:30 Halloween Activities</p>	<p><b>30</b></p> <p>9:30 Beach Ball Ex 10:30 Holy Mass <b>1:30PumpkinCarving</b> w/ Randy <b>2:00 BirthdayParty</b> Music w/ Terry - Traveling CakeCart 3:00Tranquil Rm</p>	<p><b>31</b></p> <p>9:30 Word Games &amp; Ex 10:30 Holy Mass 1:30 Gospel Music 2:30 Sing Along 3:30 Rosary <b>Halloween Open House</b></p>	<p><b>MATULAITIS REHAB &amp; SKILLED CARE</b></p>	<p><b>10 Thurber Road, Putnam,CT 06260 860-928-7976 Act. Dept. - Ext. 322</b></p>	<p><b>October 2017</b> THERAPEUTIC RECREATION ACTIVITY CALENDAR</p>	

© Read for updates: **Family/Visitors Always Welcome to Join** Visit us on the Web ~ [www.matulaitisnh.org](http://www.matulaitisnh.org)

**Other Small Group / 1:1 Visits / Independent Activities:**

- Tours / Visits
- Therapeutic Touch
- Sensory Activities & Tranquil Room
- Pet Visits Welcome - leash recommended, tags must be worn
- Pet Visits w/ Calvin at therapy and Patty w/ Pheobe
- Lunch Club / Baking
- Mail Delivery
- Arts & Crafts
- Plant Care
- Wii Sport Games
- Assistance with Letter Writing
- Men's Visits
- Bulletin Board Decorating
- Manicures
- \* Preferred Visiting Hours: **11am - 7pm**
- \* **Music & Memory** w/ iPods\*
- \* Sensory Visits
- \* Birdfeeders are Family's Responsibility
- \* Bird Seed must be kept in a Tupperware container
- \* NO Suet feeders - Thank You
- \*We are a Smoke-Free Facility

- Newspaper Delivery-let the Activity Dept. know about subscription changes

- Table Games
- Movie Carts
- Movies on Large Screen TV
  - ~ A Lounge ~ Netflix
  - ~ At each wing Nurse's Desk
- Magazines
- Greeting Cards
- Electronic Books
- Book Shelves
- Large Print Books
- Jig-Saw Puzzles
- Word Puzzles
- Apple Computer--A Lounge
- WiFi Internet Code:
- 4Publicuse**
- \* FaceTime Available
- \*Adaptive Clothing Catalogs - See Act. Dept.
- \*Reserve a Lounge for Family Gathering-See the Act. Dep
- ! Any questions see your Unit Manager!

\*\*See Important **Information Bulletin Board** on the beginning of B-Wing\*\*

**Available:**

- Activity Calendars / Monthly Calendars
- Activity Carts / Volunteers / Northeast Transit
- \* Marianapolis Student Volunteers
- Resident Council - for residents / Family Council-for families / Family Newsletter
- Comfort Baskets for Palliative Care
- **Hairdresser-Mon. & Fri.** ~ To schedule apt., see the Charge Nurse
- Mailbox/basket in Activity Room
- **TV Guide Stations Listing is Channel 20**  
~ **Music Choice** Stations is Channel **98.1 +**  
~ Personal Digital TV recommended
- Phone Books / Comm. Rec. & Leisure Resource Handout
- Wheelchair / Walker bags
- Hot Refreshments & Suggestion Box in the D-Lounge
- \* Pastoral Care Service Visits upon request
- ~Daily Mass in English ~ Bi-Lingual on Tuesdays and Fridays in our Chapel
- ~ Misselettes Books Available ~ Rosary Tuesdays 3:30pm in D-Lounge
- ~Confesstions after daily mass & upon request
- ~ Holy Communion at Bedside Few Days a Week
- \* Mass on Channel 27--EWTN @ 8am, 12noon & 7pm; Channel 11.5 at 10am
- \* Rosary on Channel 27 at 11:30am and 9:30pm; Chaplet of Divine Mercy at 3pm