

THERAPEUTIC RECREATION ACTIVITY CALENDAR

MATULAITIS REHAB & SKILLED CARE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept.- Ext. 322	This calendar is subject to change & is not limited to what is posted Location Key: A = A lounge D = D lounge = Dining Room AR = Activity Room		DEC	2019		
1 1st Sunday of Advent 10:30 Holy Mass 1:30 Christmas Movie & Fun with Food	2 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Manicures 3:30 Rosary-D 3:30 Sensory Visits	3 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 6:00 Creation Church Caroling	4 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30Spiritualityw/Olivia-D 2:30Whatever the Weather 6:30 Bingo-A	5 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Piano Music-D w/ David 3:30 Sensory Spirits-D	6 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 1st Friday Adoration & Benediction	7 10:30 Holy Mass 1:30 Bingo-A
8 2nd Sunday of Advent 10:30 Holy Mass 1:30 Putnam Lions & Leo Club Holiday Sing Along-D	9 Imm Conc of Bless Virgin Mary 9:30 Beach Ball Ex-A 10:30 Holy Mass 12.45 Homechoolers giving Christmas Cards 1:30 Banjo Concert 3:30 Rosary-D 3:30 Sensory Visits	10 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Vet Coffee House-DR 2:30 Sing Along-D 3:00 Woodstock Academy Caroling	11 9:30 Brain Ex & Weights-A 10:30 Holy Mass 1:30 Spiritualityw/ Olivia-D 2:30Whatever the Weather 3:30 Violin Music-D w/ Owen 6:30 Bingo-A	12 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Piano Music-D w/ David 3:30 Sensory Spirits-D	13 9:30 Beach Ball Ex-A 10:30 Holy Mass 1:30 Christmas Tree Decorating 7:00 Acts II Ministry Caroling	14 10:30 Holy Mass 1:30 Bingo-A
15 3rd Sunday of Advent 10:30 Holy Mass 1:30 Pokeno-DR	16 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00Resident Council-DR 3:30 Rosary-D 3:30 Sensory Visits	17 9:30 Word Games-A 10:30 Holy Mass 1:30Gospel Music-A 2:00 Putnam Congo Bell Choir -Auditorium 3:30 Tranquility Rm w/Wes-D	18 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30Spiritualityw/Olivia-D 2:30Whatever the Weather 6:30 Bingo-A	19 9:30 Brain Ex & Weights-A 10:30 Holy Mass 1:30 Piano Musicw/David-D 1:15 Putnam Elementary School Caroling 3:00 Christian Service-A w/ Pastor Gil	20 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Chair Yoga-DR w/ Joanne	21 10:30 Holy Mass 1:30 Bingo-A
22 4th Sunday of Advent First Day of Winter 10:30 Holy Mass 1:30 Arts & Crafts	23 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Christmas Cards-AR 3:30 Rosary-D 3:30 Sensory Visits 6:30 Bingo-A	24 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Christmas Singing Christmas Eve Dinner Kucious	25 Have Yourself a Merry Christmas 10:30 Holy Mass	26 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Piano Music-D w/ David	27 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR	28 10:30 Holy Mass 1:30 Bingo-A
29 10:30 Holy Mass 1:00 Patriots Football Game-A -with refreshments	30 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Birthday Party-DR 3:30 Rosary-D 3:30 Sensory Visits 6:30 Bingo-A	31 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 New Years Eve Sing-Along-D			19'	Dec

For Additional Preferred Activities *** See the Activity Department) Read of Updates Family and Visitors are Welcome to Join Us! Visit Us on the Web - www.matulaitisnh.org

- Other Small Group/Sensory/Act Visits:**
- Tours / Social Visits / Chapel visits
 - Therapeutic Touch
 - Sensory & Activity Visits
 - Sensory Cart-D Lounge, Activity Cart-A Lounge
 - Tranquil Room - Soothing Music, Aromatherapy, Visual Projector & Colorful Bubble Machine
 - Walking Club
 - Lunch Club / Baking
 - Arts & Crafts
 - Plant Care & Cart Visits
 - Mail Delivery
 - Mailbox-basket in Activity Room
 - Letter Writing / Greeting Cards
 - Music & Memory w/ iPods***
 - Bulletin Board Decorating
 - Manicures
 - Table Games
 - Wii Sport Games
 - Marianapolis Students helping w/ Saturday Bingo!
- Independent Activities:**
- Newspaper Delivery- see Activity Dept. about subscription/changes
 - Two complimentary Norwich Bulletin - B Wing
 - Movies on Large Screen TV in A-Lounge with Netflix TV at each wing Nurse's Desk TV Guide Stations Listing -copies at Activity Dept. offi -Music Choice stations: 8.1 -- up
 - Movie Carts
 - More Piano Music - David/Dan/Aldona
 - Seasonal Magazines
 - Electronic Books from Library of the Blind
 - Book Shelves - A Lounge
 - Large Print Books
 - Jig-Saw Puzzles
 - Adult Coloring Books
 - Seasonal Word Puzzles
- Available:**
- Activity Calendars / Monthly Calendars
 - Volunteers / Northeast Transit
 - Wheelchair / Walker bags
 - Community Recreation & Leisure Resource Handout
 - ResidentCouncil-for residents / FamilyCouncil-for families-2nd Wed
 - Food Committee Mtg**-Every other month-3rd Tues.2pm DR- next in **February**
 - Hairdresser - Mon. & Fri.** - To schedule apt., see the Charge Nurse/Prices posted at Salon
 - Adaptive Clothing Catalogs - See Act. Dept.
 - Veterans Bulletin Board is outside of the Main Dining Room-
 - NEW - Breakfast Café** - in the Main Dining Room - 24/7 Coffee
 - Pastoral Care Service** & Visits available upon request, also:
 - spiritual reading, prayer cards, Christian music & Lighthouse Catholic CDs
 - Daily Mass in English - Bi-Lingual on Tuesdays and Fridays in our Chapel
 - Missalettes Books Available while in chapel - please ask
 - Confessions after daily mass & upon request
 - Holy Communion at Bedside Few Days a Week
 - Comfort Baskets in A Lounge for Palliative Care
 - Comfort Care & End of Life Resource Box w/ Comfor Baskets & on each Wing
 - Mass on Channel 27-EWTN @ 8am, 12noon & 7pm; Channel 11 at 10am
 - Rosary on Channel 27 at 7:30 am,11:30am and 9:30pm; Chaplet of Divine Mercy at 3pm
 - Stations of the Cross on EWTN: Fridays 7am
- 4Publicuse**
- We are a Smoke-Free Facility
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- WiFi Internet Code:
- ! Any questions see your Unit Manager!
- See Important Information Bulletin Board on B-Wing
- Come See **Residents Artwork** & the **"Legends"** Seasonal Family Newsletter posted across the Act Rm
- Any Changes for the Activity Calendar see Center Court Signs & Large Wing Calendars
- Preferred Visiting Hours: **11am - 7pm**
- Pet Visits Welcome** - not at meal/personal care, tags must be worn, leashes recommended
- Reserve a Lounge for Family Gathering-See Act. Dept. For Family Meals - See the front desk for fee and reservations
- Birdfeeders** are Familys' Responsibility
- Bird Seed must be kept in a Tupperware container
- NO** Suet feeders - Thank You