

Sept 22, 2021

Volume 7

Issue 3

GAME GOES THE DISTANCE

INSIDE THIS ISSUE

- 2** Father's Day
- 4** 64 Years Happy
- 6** The Great Outdoors
- 8** USA Olympics at Matulaitis
- 11** Smile Mail



A new Derby Race Game was created and constructed by C-Wing Charge Nurse Bonnie Ricker. The game is on the fast track for being a hit. Up to 12 jockeys run neck and neck to compete for cookie prizes.

The first Derby Race winners: 1st place - Louis Allen, 2nd place - Edith Sirianni, 3rd place - Doreen Bibeault.

*Above (from top left) Claire Perrin, Activity Director
 Nicole Zannini, Doreen Bibeault, Edith Sirianni,
 Dot Fournier, Rosie Hetu. (facing away)
 Carol Socquet, Pauline Collette, Linda King, Peter
 Chabot and H Kip Phillips.*



The Rainbow in our own back yard was captured by Activity Aide Regina Morgan and touches the feet of the Blessed Mother. Whenever you see a rainbow think about God's awesomeness, remember He's always near, and trust and have faith in the Lord.





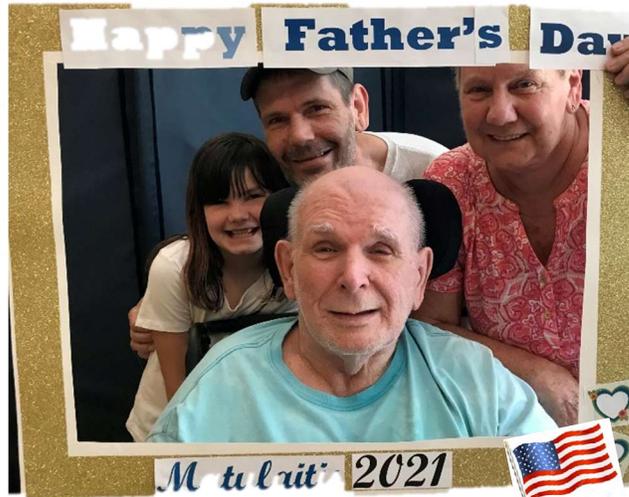
By Editor, Denise Harkins

Perhaps one of the most uneasy things in life is to watch your parents' age. Grasping the concept of the mortality of my ever-invincible Dad was especially difficult for me.

My own Dad was an indestructible genius who could lift our house and split an atom. He wasn't, of course, but that's how my siblings and I saw him.

Men account for less than 30% of nursing home residents, even less here at Matulaitis.

Matulaitis is honored to honor our Fathers!



Richard Mandeville with wife Doris, son Richard and granddaughter



Louie Allen enjoys the day



George Pasay and son, Neil



Peter Chabot with daughter, Michelle

CHECK OUT THE MATULAITIS WEBSITE

The monthly Activity Calendar and "Legends" seasonal Family newsletter is available online at

<http://matulaitisnh.org/news-testimonials/>

THE WEBSITE IS ALWAYS UPDATED TO KEEP FAMILIES INFORMED



Father's Day décor for visitors



Darlene Stubbe Enjoys Her Doll

Therapy Dolls are an effective comfort for seniors. Having a baby to care for can reduce wandering, increase communication, make us feel 'needed again' and can bring back that nurturing feeling from long ago.

New dolls were generously donated by the family of past resident, Rita Bernier.



Theresa Perkins makes popsicle crafts.



Zivile - Lithuanian OT, assisted A-wing for a few weeks over the summer. She also played piano beautifully for residents and the Activity Department.



Outside on a warm breezy day listening to Owen Ritzan playing classical music. Owen has played the violin since the age of three. A very talented young man, he has shared his gift with Matulaitis residents for three summers.

Owen is now off to college and we wish him well!



**“The longer I live
the more beautiful life becomes.”**

Frank Lloyd Wright

64 Happy Years



Fred and Marjorie Sirrine celebrated their 64th Wedding Anniversary on June 22. Their celebration was in their room at Matulaitis! They have 2 children, Elizabeth and Travis. Fred was Selectman in Pomfret for 44 years and was Road Foreman for DPW. Marjorie pioneered 'working from home' doing advertising for WINY Radio. Her largest account was the very successful Bugbee Department Store in Putnam, CT!

Congratulations Fred and Marjorie



Aldona Prapuolenis was thrilled to see her brother, Marius. Marius lives in Los Angeles and made a surprise visit to Matulaitis. Above, Sr. Bernadette helps Aldona in the auditorium.



Linda King and others colored 4th of July pictures for display in the Activity Room.



**RED WHITE & BLUE
ABSTRACT ARTWORK**
Johanne Petterson,
Dessie Key, Joan
McIntyre, Activity
Director Nicole
Zannini, Stella Bump,
Peter Miller watching,
Dessie Key watching,
Kip/Harold Phillips
and Sara Parker.



*4th of July
Songs at
Center Court*
*(top star)
Johanne
Peterson
and
Sr. Paul
(at right)
Jeannett
Sullivan*



Deacon Wayne playing guitar on some Friday afternoons. Soft rock sing along found some singing.



Greta Hagstrom welcomes her sister, Karen, to see her room for the first time!



Theresa Theriaque helps with the Olympic decorations.



David Doherty is back on the piano! On a rainy Monday in mid-July when visitors could come in the front door, he came to play - oh the piano sounds good!!



First time family visit in his room! Arthur Chenette plays his harmonica for his son Bernie. Arthur is also quite the singer! Everyone loves to hear him join in on "In the Garden" during our Hymns & Prayers Programs!



Greta Hagstrom and Gloria Clark working on another blanket for The Hole in the Wall Camp. Our residents have donated 8 blankets already!

The Great Outdoors *in A-Lounge*



Kudos to the Activity Department for another creative outdoor-but-indoor adventure!

It has probably been a long while since our residents have sat around the campfire! But the wild came a callin' during a July day when residents enjoyed singing campfire songs and eating sticky S'mores.

At left is Cecilia Avila, Theresa Perkins and Greta Hagstrom and at right is Arthur Chenette and George Pasay.



OH DOODAH DAY

A WING PICNIC



(top) Sara Parker, Doreen Bibeault, Barbara Frederick, Johanne Peterson, Ann Smith and Claire Perrin. (middle) Dot Fournier, Muriel Pontbrait, Toni Baril, Edith Sirianni, Stella Bump. (above) Activity Director Nicole Zannini with Stella Bump .

MATULAITIS WELCOMES



Matulaitis welcomes Preferred Therapy Solutions -Putting Residents First. (l-r) COTA Scott Campbell, RPT/Director Jody Donalson and PTA Deb Gavin. Missing are OT Melina Larsen and Speech Therapist Danielle Asklar. Welcome to the Matulaitis Family where "Good Conquers"



Joanne St. Cyr helped make a paper dahlia that was posted on the activity room door.



CNA Toni Beaudreault gives ice cream to Don Holt outside on the B-patio on a perfect summer day.

Toni was an Activity Aide and is now a CNA at Matulaitis! Congratulations Toni!



Joan McIntyre and Linda King painting in the Activity Room

THE JOY OF COLORING



Coloring is a great activity at any age, but the benefits for adults and seniors go far beyond just having fun!

- ✚ Uses both hemispheres of the brain
- ✚ Lowers stress and anxiety
- ✚ Eases loneliness and depression
- ✚ Sharpens focus
- ✚ Coordination and muscle control
- ✚ Provides self-expression

At left, Carol Socquet colors for the display at the Activity Office. At right Johanne Peterson colors every day in her books!

D WING PICNIC



Front table Fred Serrine and Don Holt
BACK OF GRETA HAGSTROM



Jo Kokolski

WELCOME JO

Matulaitis welcomes Joanna "Jo" Kokolski to the Activity Department staff!

The department also wishes a fond farewell to Regina Morgan. Thank you for all you've done!

Cecile Bourgeois and her art displayed on her door.



The USA Olympics at Matulaitis were held from July 23 – August 8. Competitions were held in the sports of Bingo, Pokeno, their cover-all games, the highest hitter in balloon ping pong and the leader in the Walking Club. Winners competed for blue ribbons and/or gold medal certificates. Some of our gold medal winners were awarded: (below) Barbara Frederick, Claire Perrin, Dot Fournier and Doreen Bibeault.

A Wing - 10 Participants, 33 Blue Ribbons and 9 Gold Certificates

C Wing - 3 Participants, 22 Blue Ribbons and 3 Gold Certificates

D Wing - 6 Participants, 23 Blue Ribbons and 1 Gold Certificate

The highest number of awards went to Adrienne Theroux & Peter Miller with 8 wins and Peter Chabot with 11 wins!





Painting rocks is a timeless craft that provides fun and relaxation.



A Timeless Craft

Veterans Paint in Red White & Blue

Matulaitis Veterans proudly painted rocks red, white & blue. Each month, the Activity Department comes up with some very creative themed projects for Veterans. (left) Rita Langevin and Jeannett Sullivan. (middle) Peter Ellsworth and Don Holt. Other Veterans at Matulaitis include: Mike Morell, David Rawson, Peter Chabot, Martin Renaud, Richard Mandeville, Fred Serrine, Raymond Laporte and Harold Dumas

JULY BIRTHDAY PARTY



Matulaitis celebrates residents' birthdays on the last Monday of each month in the dining room. At the July honor table is Dorothy Davis, Pauline Collette, Joanne St. Cyr, Theresa Barrette, Muriel Dagenais, Ann Smith and Johanne Peterson.

Mildred Daigneault
CELEBRATES
90th Birthday

Mildred Daigneault turned 90-years-young on August 4!

Her children Ray and Deb (below), grandson Justin with great-grandchildren Calla and Meden (below right) celebrated in the auditorium



Watercolor Painting Class with Theresa Caterpillar on a Leaf



Joan McIntyre, Adrienne Theroux, Teacher Theresa, Doreen Bibeault, Rosie Hetu, Carol Socquet and Connie Hession - with their finished artwork.



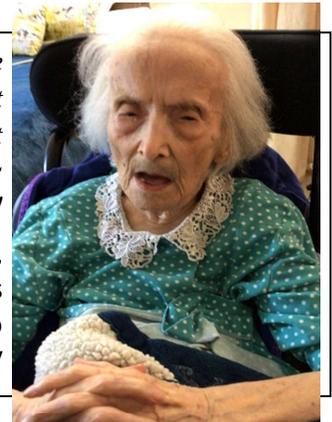
Gloria Clark, Johanne Peterson, Linda King, Pauline Collette and Greta Hagstrom.



Many residents enjoyed the singing and dancing to the new DVD "Music 'n Motion".

Activity Director Nicole Zannini couldn't walk past 104-year-old May Benoit without snapping this sweet photo!

May's roommate, Rosie, knows that when May folds her hands, it is time to listen to her prayers on TV



Angels ON Earth



Alice Girard Celebrates 101st

The family of Alice Girard celebrated the Matriarch's 101st birthday at Matulaitis on August 25th.

(center) Alice Girard. (front row) Jackson and Harrison, (twin great grandsons), (second row) Jennifer (granddaughter in law), Aaryanna (great granddaughter), Kelly (granddaughter), Peityn (great granddaughter). (third row) Carl (grandson), Paul (son), Judy (daughter in law), Dave (grandson in law), and Gavin (great grandson).

Happy Birthday, Alice!

Milestone Birthdays

Birthdays we celebrated this summer!



Alice Girard
101 Years



Marjorie Sirrine
95 Years



Mildred Daigneault
90 Years



Don Holt
90 Years



Joanne St. Cyr
60 Years



SMILE MAIL from the Lone Star State



Harold "Kip" Phillips and Arlene Phillips

"I love this...it did put a smile on my face!"



Darlene Stubbe

"They should come here and see all these smiling faces!"



Adel Serafinas

Kinnari, a 4th year medical student from Texas, handmade 30 cards for our residents! Each one had a special message inside encouraging everyone to keep smiling! The clever puns gave the residents a good laugh and they appreciated the cute drawings! Skippy said, *"I love this...it did put a smile on my face!"* Adel loved her card with the pun "you're one in a melon" and said, *"They should come here and see all these smiling faces!"*

Matulaitis has received many beautiful and thoughtfully done cards from various volunteer groups throughout the last year and a half. A group called "Brighten Your Day" and various people make cards and sends them to Matulaitis to distribute.



IDA BRINGS PILGRIMAGE INSIDE



September 1st was our annual Pilgrimage to Lourdes. Due to the rain from hurricane Ida, it was held in the A- Lounge. Our pilgrimage was made via a film that Sr. Bernadette brought back from one of her trips to Lourdes, the site of a Marian apparition in 1858 to her namesake.

We make our annual pilgrimage in honor of the Blessed Virgin Mary's birthday celebrated this month. Director of Spiritual Care Olivia Chalifoux led several Marian hymns on guitar and together all prayed the Rosary with residents Adrienne Theroux and Cecile Bourgeois each helping to lead a decade.



The September Veterans Coffee Groups shared a **moment of silence** for the 20th Anniversary 9/11 and POW

The Birthday Fairy came early on the morning of September 2 and set up these surprise decorations for Jeannett Sullivan. Happy Birthday Jeannett from your son and daughter-in-law.



Matulaitis Rehab & Skilled Care
 10 Thurber Road Putnam, CT 06260
 Phone: 860.928.7976
www.matulaitisnh.org
 Fax: 860.928.0431

Newsletter Editor: Denise Harkins
 (860) 377.7682
 Koc29@hotmail.com

Next LEGENDS Issue: 12/21/21
 CONTRIBUTORS
 Wendy Ross
 Nicole Zannini
 Regina Morgan
 RoJeanne Doege



As the appearance of the rainbow in the clouds on a rainy day, so was the appearance of the surrounding radiance. Ezekial 1:28



In Loving Memory

To those that we lost this summer

- Dolores Mercik
- Mary Vertefeuille
- Lillian Bisson
- Richard Dufresne
- Helen Minor

See the Memorial Book in the 1st floor meeting room.