

# Matulaitis Home Support Group

*for Those Caring for Loved Ones at Home  
& Families of Nursing Home Residents*

- ❖ **Where: Matulaitis Home**  
**10 Thurber Rd, Putnam, CT 06260**  
Conference Room – ground floor, handicap accessible
- When: Third Thursday every month 6pm-7:30pm**
- ❖ We are an open peer support group for those caring for loved ones at home or whose loved ones now live in a long-term care facility/nursing home. *We welcome those whose loved ones have passed to attend meetings for support in their grief.*
- ❖ Any news or schedule changes will be posted to the Matulaitis Home website – **matulaitish.org** – in the “News” section and shared via e-mail with those who choose to share their contact information.
- ❖ **Contact for more information:**  
Group Facilitator & Matulaitis Home Director of Spiritual Care,  
Olivia Chalifoux: [ochalifoux@matulaitish.org](mailto:ochalifoux@matulaitish.org)  
860-928-7976 x337

## **2023 Meeting Schedule\***

**January 19<sup>th</sup>**

**February 16<sup>th</sup>**

**March 16<sup>th</sup>**

**April 20<sup>th</sup>**

**May 18<sup>th</sup>**

**June 15<sup>th</sup>**

**July 20<sup>th</sup>**

**August 17<sup>th</sup>**

**September 21<sup>st</sup>**

**October 19<sup>th</sup>**

**November 16<sup>th</sup>**

**December 21<sup>st</sup>**



*\*Dates are subject to change – please check the website or contact the facilitator to confirm the schedule before attending your first meeting.*

*“Bear one another’s burdens...Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all.”*

Galatians 6:2, 9-10