## Matulaitis Home Support Group

for Those Caring for Loved Ones at Home & Families of Nursing Home Residents

**Where:** Matulaitis Home

10 Thurber Rd, Putnam, CT 06260

Conference Room - ground floor, handicap accessible

When: Third Thursday every month 6pm-7:30pm

- We are an open peer support group for those caring for loved ones at home or whose loved ones now live in a long-term care facility/nursing home. We also welcome those whose loved ones have passed to attend meetings for support in their grief.
- Any news or schedule changes will be posted to the Matulaitis Home website **matulaitisnh.org** in the "News" section and shared via e-mail with those who choose to share their contact information.

## **Contact for more information:**

Group Facilitator & Matulaitis Home Director of Spiritual Care, Olivia Chalifoux: ochalifoux@matulaitisnh.org
860-928-7976 x337

## 2024 Meeting Schedule\*

January 18th

February 15th

March 21st

April 18th

May 16th

June 20th



July 18th

August 15th

September 19th

October 17th

November 21st

December 19th

"Bear one another's burdens...Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all."

Galatians 6:2, 9-10

<sup>\*</sup>Dates are subject to change – please check the website or contact the facilitator to confirm the schedule before attending your first meeting.