



Like the many pieces of the mosaic in our Chapel window pictured above, our beliefs and the various experiences of our lives fit together to shape our sense of meaning and purpose in distinct, intricate ways.

A period of short-term rehabilitation, or long-term skilled nursing care, will be experienced uniquely within an individual's particular life story.

Our Spiritual Care Team strives to provide the religious, spiritual, and emotional support you may need as we accompany you throughout your time at Matulaitis Home. We will assist you as you explore the meaning this experience holds for you – this piece in the great mosaic of your life and your journey of encounter with faith and God.

## To request a visit:

Speak with the Charge Nurse and ask him/her to contact Spiritual Care Services; please specify whom you would like to see. Our Spiritual Care Team consists of a Catholic Priest, Director, and Assistant. If the Sacrament of the Sick is needed, the nurse will often be able to call the priest directly on your behalf. You may also contact the Director of Spiritual Care personally by phone or e-mail.



**Our Team:** Olivia Chalifoux, Director of Spiritual Care;  
Sister Bernadette, Spiritual Care Assistant;  
Fr. Joseph Kappilumakkal, Priest/Chaplain.

## Contact Us

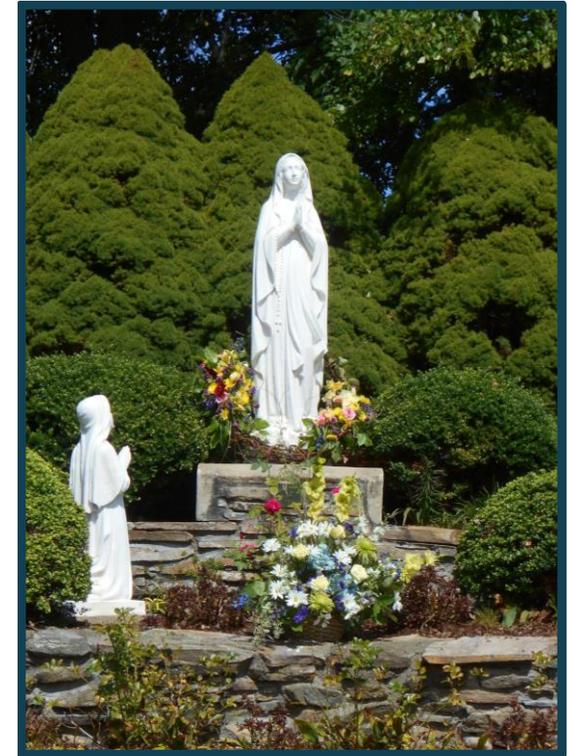
Phone: 860-928-7976 x337

Email: [ochalifoux@matulaitisnh.org](mailto:ochalifoux@matulaitisnh.org)

Web: [matulaitisnh.org](http://matulaitisnh.org)

See our newsletter, *Breath of Life*, for a schedule of upcoming events, seasonal news, and inspirational articles; available in print and on our website.

**Please let us know if you are interested in volunteering!**



**SPIRITUAL  
CARE  
SERVICES**



at  
**Matulaitis Home**

*Founded & Sponsored by the  
Sisters of the Immaculate Conception  
of the Blessed Virgin Mary*



*Chapel, open to all for quiet prayer & reflection.*

## Spiritual Care is an intrinsic part of holistic healthcare.

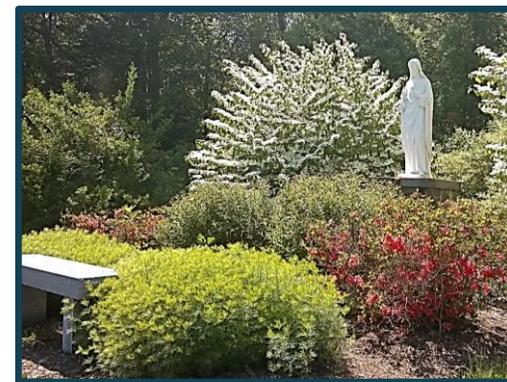
***Our Spiritual Care Services are dedicated to upholding our Mission:*** to respect human life, the inherent dignity of each person, and to provide compassionate, holistic, and competent care for the sick, convalescent, and dying. Our services are made available to each resident, their families and loved ones, as well as staff, recognizing the important spiritual value of all faith traditions in the development of personal health and wholeness.

Spiritual Care is provided according to the individual's beliefs and with respect for their traditions. If you have particular needs related to your religious practices, please ask to speak with the Director of Spiritual Care.



## Spiritual Care Services:

- ✚ Holy Mass is celebrated daily at 10:30am in our Chapel – all are welcome. The Chapel remains open throughout the day for quiet prayer and reflection.
- ✚ Holy Communion is offered to Catholic residents in their rooms upon request.
- ✚ A Memorial Mass is offered for each resident who dies.
- ✚ Sacrament of the Sick is administered as needed/upon request, and annually to all Catholic residents.
- ✚ Sacrament of Reconciliation is available after daily Mass and upon request. Communal Preparation for Reconciliation Services are offered during Advent & Lent.
- ✚ 13<sup>th</sup> of the Month Rosary Club meets for prayer monthly.
- ✚ Devotional services with Adoration & Benediction are offered on First Fridays, and weekly in May, June, October, and during Lent.
- ✚ Stations of the Cross is offered weekly during Lent.
- ✚ Special celebrations and religious services are offered for Easter, Christmas, and other Holy Days.
- ✚ An Ecumenical Memorial Prayer Service for deceased residents is celebrated annually; families and friends are invited to join us honoring their loved ones.
- ✚ Hymns & Prayers program is offered twice weekly.
- ✚ Protestant/Christian Service and Bible Studies are offered periodically.
- ✚ Support Group for Families & Caregivers meets monthly, facilitated by the Director of Spiritual Care.



## When to request a Spiritual Care Visit:

- ✚ When you need someone to listen, or to pray with/for you.
- ✚ When you would like to receive the Sacraments: Eucharist, Reconciliation, Sacrament of the Sick.
- ✚ In times of crisis due to the stress illness can bring; when you feel lonely, scared, forgotten, worried; when you feel like giving up.
- ✚ When you feel grateful, blessed, prayerful, or heard by God; when you have cause to celebrate.
- ✚ When you feel far from God, unable to pray, or that you have lost your faith.
- ✚ When you want spiritual reading materials or prayer resources.
- ✚ When you are experiencing grief & loss; when you have questions or fears about death and dying.
- ✚ When you are unable to forgive.
- ✚ When in need of support or practical assistance discerning ethical questions in end of life care.

