## Matulaitis Home Support Group

for Those Caring for Loved Ones at Home & Families of Nursing Home Residents

Where: Matulaitis Home 10 Thurber Rd, Putnam, CT 06260 Conference Room – ground floor, handicap accessible

When: Third Thursday every month 6pm-7:30pm

- ❖ We are an open peer support group for those caring for loved ones at home or whose loved ones now live in a long-term care facility/nursing home.
- Any news or schedule changes will be posted to the Matulaitis Home website **matulaitisnh.org** in the "News" section and shared via e-mail with those who choose to share their contact information.

**Contact for more information:** 

Group Facilitator & Matulaitis Home Director of Spiritual Care, Olivia Chalifoux: ochalifoux@matulaitisnh.org 860-928-7976 x337

## 2025 Meeting Schedule\*

January 16th

February 20th

March 20th

April 17th

\*new date for May tbd May 15<sup>th</sup> - please check back\*

June 19th



July 17th

August 21st

September 18th

October 16th

November 20th

December 18th

"Bear one another's burdens...Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all."

Galatians 6:2, 9-10

<sup>\*</sup>Dates are subject to change – please check the website or contact the facilitator to confirm the schedule before attending your first meeting.